



Skills for Business

## Developing High Performing Teams

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### Course Description

#### Duration and structure

This workshop runs over either one, two or three days depending on your requirement. The practical workshop involves theory and delegate input through group work and exercises to allow them to understand how they work as a team and how they can become more effective team members. We can build Myers Briggs Personality Type Indicator (MBTI™) into this workshop.

#### After this workshop delegates will:

- Committed to working as part of a team rather than on their own
- Understand their own strengths as a team member
- Understand the strengths of their fellow team members and how to use those strengths
- Understand how teams form and the role they play
- Have demonstrated their ability to work effectively as a team
- Be able to build and contribute to an effective team

#### Who Should Attend?

Anyone who is a member or leader of a team that wants to improve the ability and commitment of the team. All members of the team should attend this workshop together.

#### What Do I Do Now?

To book a course or to get more details please complete the Enquiry Form, call us on 01733 567262 or e-mail us at [admin@vitaltraining.co.uk](mailto:admin@vitaltraining.co.uk)

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