
Course Description

Duration and structure

This workshop runs over one day and is a practical workshop involving theory and delegate input through group work and exercises to allow you to develop your ability to motivate others in your organisation.

After this workshop delegates will be able to:

- Understand what motivates and de-motivates people
- Understand and apply the theories and techniques to motivate their team
- Understand their leadership style, the style that best suits their team and how to flex their style to suit the team
- Understand how to motivate those who are already de-motivated

Who Should Attend?

This workshop is aimed at anyone who leads a team and wants to increase productivity and performance through increased motivation.

What Do I Do Now?

To book a course or to get more details please complete the Enquiry Form, call us on 07879 448428 or e-mail us at admin@vitaltraining.co.uk