



Skills for Business

## Motivating Others

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### Course Description

#### **Duration and structure**

This workshop runs over one day and is a practical workshop involving theory and delegate input through group work and exercises to allow you to develop your ability to motivate others in your organisation.

#### **After this workshop delegates will be able to:**

- Understand what motivates and de-motivates people
- Understand and apply the theories and techniques to motivate their team
- Understand their leadership style, the style that best suits their team and how to flex their style to suit the team
- Understand how to motivate those who are already de-motivated

### Who Should Attend?

This workshop is aimed at anyone who leads a team and wants to increase productivity and performance through increased motivation.

### What Do I Do Now?

To book a course or to get more details please complete the Enquiry Form, call us on 01733 567262 or e-mail us at [admin@vitaltraining.co.uk](mailto:admin@vitaltraining.co.uk)

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